

Acrylic Art Materials Guide



Paint along
with me &
Colour Your
World



Hello! I'm Ali Greer



Welcome Artist friends!
You have just started a wonderful,
colourful journey of fun and
discovery!

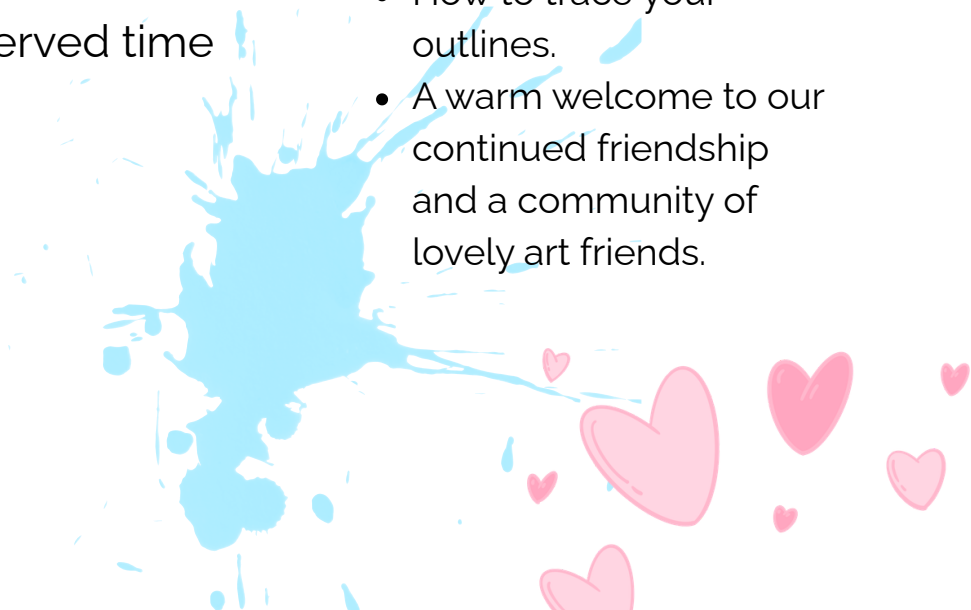
I am going to give you all the
instructions you need to get your
creative juices flowing and help
your inner artist blossom.

If you have been wanting to paint
with vibrant colours and bold brush
marks, You are in the right place. I
will teach you a simple acrylic
process that you can easily adapt to
you own unique artist voice and
style.

Art should be fun!
A perfect way to switch off, unwind,
and enjoy some well-deserved time
out for yourself.

In this guide:

- A recommended materials list.
- What brushes you need
- How to prepare your painting surface.
- How to trace your outlines.
- A warm welcome to our continued friendship and a community of lovely art friends.



Recommended Materials

- **Professional Quality - Golden Fluid Acrylics:**

- **Note:** the smallest size these paints come in is 30ml, but you can buy larger bottles too.

- Titanium White (30ml)
- Paynes Gray (30ml)
- Quinacridone Magenta (30ml)
- Naphtol Red Light (30ml)
- Hansa Yellow Opaque (30ml)
- Phthalo Green (Blue Shade) (30ml)
- Phthalo Blue (Green Shade) (30ml)
- Alizarin Crimson (*optional as you can darken red by adding a touch of Green*)
- Burnt Umber (30ml)

Note: Art materials are so expensive nowadays, aren't they? I know that if you are coming to this wonderful medium for the first time, you may be reluctant to splash out on the more expensive paints to start with. So, I have tried out some basic student paint options that won't break the budget. That said, I still recommend the Golden brand, as they are the best industry standard for high-pigment paint and overall quality. Yes, they are expensive, but you don't need much, and the colours are very vibrant. You can buy them online at Jacksons Art Supplies. But shop around for the best prices.

- **Student Quality Paint: - Liquitex Basics Acrylic Fluid :**

- **Note:** the smallest size these paints come in is 118ml, but you can buy larger bottles too..

- Titanium White (118ml)
- Paynes Grey (118ml)
- Quinacridone Magenta (118ml)
- Naphtol Crimson (118ml)
- Primary Yellow Opaque (118ml)
- Phthalocyanine Green (118ml)
- Phthalocyanine Blue (118ml)
- Alizarin Crimson (*optional as you can darken red by adding a touch of Green*)
- Burnt Umber (118ml)



What Brushes to Buy?

Any soft bristle synthetic brush for acrylic painting is fine. Try to get brushes that are specific for Acrylic painting as they are softer than oil brushes.

The sizes you need:

- 1 x 1/2 inch flat synthetic for acrylic painting
- 1 x 1/4 inch flat synthetic for acrylic painting
- 1 x 3/4 inch flat synthetic for acrylic painting
- A synthetic round brush for detail size 2 or a script liner brush.

You can buy a set from Amazon. Here are the links:

Flat brush Set

<https://amzn.eu/d/oIEfybLQ>

Round brush number 2

[https://www.amazon.co.uk/dp/B003MB7M82?](https://www.amazon.co.uk/dp/B003MB7M82?psc=1&ref_=cm_sw_r_cp_ud_ct_8XXoV8AG5SMGB6T7KRE6)

[psc=1&ref_=cm_sw_r_cp_ud_ct_8XXoV8AG5SMGB6T7KRE6](https://www.amazon.co.uk/dp/B003MB7M82?psc=1&ref_=cm_sw_r_cp_ud_ct_8XXoV8AG5SMGB6T7KRE6)

NOTE: You can use whatever brushes you already have. But my advice is not to use expensive brushes as acrylic paint will quickly wear your brushes out.

Top tip:

Rinse your brushes each time you change colour to prevent the paint from drying out on the brush.



Paint surface

I use various painting surfaces. But I love to paint on a smooth surface when it comes to using acrylics. Please don't feel you have to use the same as me. These are just suggestions and my favourite way to paint. If you want to paint on stretched cotton canvas or acrylic paper that is fine. Just use what you already have to hand.

I am using unprimed cradled wooden canvas panels. I use unprimed to save on cost, but you can buy ready primed or pre-gessoed.

If you are using the same as me. You will need to prime your panel before you use it. As the surface will be too porous if you paint straight on to the wood.

Wooden Panels:

I recommend Cowling & Wilcox Brand or SeaWhite.

Here is the Link:

https://www.cowlingandwilcox.com/canvas/32966-12152-unprimed-wood-painting-panels#/4337-cw_gesso_panels-8_x_8_20_x_20cm_approx

Materials you will need:

- Surface of your choice. 8 x 8 inches (20 cm x 20 cm) canvas, wooden panel or watercolour paper.
- White Gesso for surface preparation. This is what you use to prime your wooden panel.
- Transfer/Carbon paper or a 6b graphite pencil.
- Water pot for adding water & washing brushes.
- Rag or paper towels for cleaning/wiping brushes.
- Palette or paper plates for mixing paints.

How to Prepare your Paint surface

Apply Gesso to your Surface:

- Using a large flat brush apply a thin even coat of white gesso to your surface.
- To thin it you can add a little water if it is very thick.
- Let it dry or use a hair dryer to dry it completely. Once it is dry, sand the surface with fine sand paper 150 to 220 grit. This makes your surface smoother and easier to paint on.
- Repeat two more times (apply 3 coats in total)
- You can use whatever you have available to paint on but I love to use cradled wooden panels. You can also buy these panels ready primed. But they are a little more expensive. Which is why I buy unprimed panels and gesso it myself.



How to transfer the Image onto a paint surface

Transfer/carbon paper Method

- Place a sheet of transfer paper onto your surface. Make sure it is the ink/shiny side down.
- Put the printed template on top, facing the design upwards and tape it down (use masking tape) at the sides to hold it secure.
- Use a coloured pen to trace around the lines of the drawing.
- Check the design is coming through correctly onto the surface before removing the template.

Graphite Pencil Method

- Place the printed tracing template face down and shade over the back surface with a 6b graphite pencil.
- Place the template graphite side down on your canvas and tape into position to hold it secure.
- Use a coloured pen to trace over the lines of the Poppy. Make sure it has transferred onto the surface before removing it.



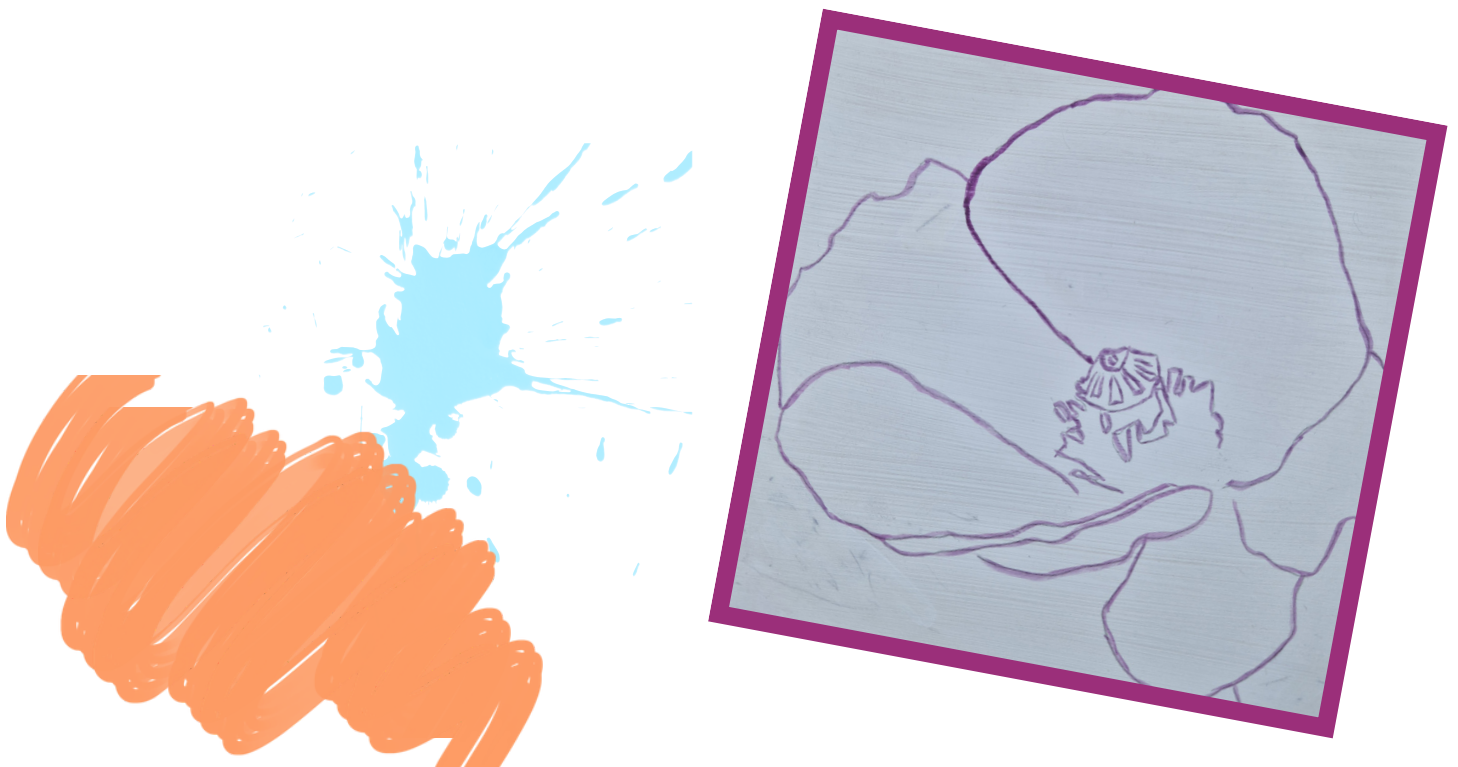
How to Paint over the outlines

Paint over the outlines

- Make a light purple colour using Quinacridone Magenta and Paynes Gray with some water to make it quite pale. (Tip adding water makes paint thinner and lighter in colour.)
- Using a fine brush such as a script-liner or a small round brush, paint over the lines to cover up the pencil lines.
- Now you are ready to watch the video lesson. Happy painting!
- Just relax and have fun! You can watch the video all the way through or you can paint along with me and pause the video as you need to.

Important!

All the online lessons start at this stage. So you will need to paint over the outlines before each video lesson. This will make a better start to your painting and stop any graphite smudging and showing through onto the next layer of paint.



One last thing!

Whether you are completely new to painting or just eager to explore a loose, new style, welcome! These online workshops are all about having fun with vibrant, highly pigmented paints.

If you choose to invest in Golden fluid acrylics, I promise you won't be disappointed with the rich quality. Student-grade paints work brilliantly too! Just keep in mind they tend to be a bit more translucent, so you may need an extra layer or two to achieve total opacity.

Also, the colours will differ slightly from each manufacturer. The main thing is simply to dive in and get started.

I will be right beside you to guide you every step of the way.

When you join our private Facebook Community, **COLOUR YOUR WORLD WITH ALI GREER** (click on the QR Code below to join), you'll also connect with a fantastic group of fellow painters sharing tips, encouragement, and inspiration. I'm always active in the group to answer your questions as you paint!

See you soon, and happy painting!

Ali



This is your invitation to join my private
Facebook community,
Colour Your World With Ali Greer.
Check it out on Facebook.



If you would Like to stay in touch,
www.aligreerartist.com

